



## CLUB SAILING INSTRUCTIONS 2013

### 1 RULES

- 1.1 Races will be governed by the 'rules' as defined in the Racing Rules of Sailing.
- 1.2 Boats competing in club races shall be helmed by current club members, their representatives or guests.
- 1.3 Entries for each race shall be made on the race sheet near the official notice board before the warning signal for that race.
- 1.4 Boats with alternative PNs may use only one PN during a series.
- 1.5 Boats may apply to the RO to race in a handicap group other than that defined by their PN, but may only race in one handicap group in a series.
- 1.6 Competitors shall not obstruct the slipway when other boats are waiting to launch.

### 2 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board in the club.

### 3 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any change to the SI's or courses will be posted before the warning signal for races it affects.

### 4 SIGNALS

- 4.1 Signals made ashore will be displayed from the race box. Signals made afloat will be displayed from the committee boat. The safety boat may repeat race signals.
- 4.2 Postponements will be as RRS 27.3 except that the time of the next warning signal may be posted on the official notice board.

### 5 SCHEDULE OF RACES AND CLASS FLAGS

- 5.1 The scheduled time of **warning signals**, and class flags, are as follows, unless altered by the race programme or the course sheet:
- 5.2 A timing signal may be sounded, and a blue flag flown, prior to the starting sequence. The warning signal for the first start will be no less than 5 minutes after this signal.
- 5.3 At any point during the year the Race Officer may substitute a pair of shorter back-to back races for a single race. The results of this pair will be averaged for the series.

#### **SATURDAYS – apart from Frostbite Series**

CLASS	FLAG	RACE 1	RACE2
H'cap dinghies (PN below 1066)	T	1355	1555
H'cap dinghies (PN 1066 to 1290)	K	1400	1600
H'cap dinghies (PN above 1281)	O	1405	1605
Handicap keelboats	F	1410	1610

#### **FROSTBITE**

CLASS	FLAG	RACE 1	RACE2
H'cap dinghies (PN below 1066)	T	1255	1455

H'cap dinghies (PN below 1066)	T	1255	1455
H'cap dinghies (PN 1066 to 1290)	K	1300	1500
H'cap dinghies (PN above 1281)	O	1305	1505
Handicap keelboats	F	1310	1510

**WEDNESDAY EVENINGS** between 15<sup>th</sup> May and 14<sup>th</sup> August  
**Early and late season start 30 min earlier, see sailing programme**

CLASS

FLAG

H'cap dinghies (PN below 1066)	T	1855
H'cap dinghies (PN 1066 to 1290)	K	1900
H'cap dinghies (PN above 1281)	O	1905
Handicap keelboats	F	1910

6 NOT USED

7 RACING AREA

7.1 Courses will normally be set on an area of the Menai Strait extending approximately two miles either side of the club, except for long distance races.

8 COURSES AND SHORTENING COURSES

8.1 Courses, number of laps to be sailed and the start line to be used will be posted on the official notice board not less than 20 minutes before the start of a race.

8.2 Courses may be shortened as follows, as the leading boat rounds a mark. Boats shall then round that mark and shall finish when they next race through an open line between the flag pole and the mark on the Anglesey shore.

9 MARKS

9.1 The colours, shapes and fixed positions of the course marks are described on the plan of the racing area at the end of these Sis.

10 THE START

10.1 Races will be started using Rule 26.

<u>Signal</u>	<u>Flag</u>	<u>Sound</u>	<u>Minutes to Start</u>
Warning	Class Flag	1 Sound	5
Preparatory	P, I, Z, Z+I, or black	1 Sound	4
One Minute	Preparatory removed	1 Sound	1
Starting	Class Flag Down	1 Sound	0

The warning signal for each succeeding class shall be made with the starting signal of the proceeding class.

10.2 The starting line for keelboat and dinghy races will be between the Clubhouse Flag pole and the blue / yellow Start Mark.

10.3 The committee boat starting line will be between the committee boat mast and the orange inflatable Start mark.

10.4 Individual recalls will be signalled by leaving the class flag dipped

## 11 ALL IN, AVERAGE LAP RACES

All-in, average lap races will have a single start for fast and medium class boats, with each lap being completed by passing through the open finish line. The race will run until a boat completing a lap is finished with a double horn blast and a blue flag raised. Each boat will then be finished as it next passes through the open line to complete its current lap. Average lap time will then be calculated and corrected for handicap.

## 12 THE FINISH

12.1 The finishing line for shore based Keelboat and Dinghy races will be between the Clubhouse Flag pole and the blue / yellow Finish mark.

12.2 The committee boat finishing line will be between the committee boat mast and the adjacent course mark.

## 13 NOT USED

## 14 TIME LIMITS

14.1 Time limits are as follows, unless altered by the race programme or the course sheet:

Keelboat races	3.5 hours
Dinghy series races	2.0 hours
Evening races	1.5 hours
Long Distance Races	3.0 hours

14.2 When one boat finishes within a race time limit, that time limit will be extended by 30 minutes.

## 15 PROTESTS AND REQUESTS FOR REDRESS

15.1 Protest forms are available from the race box. Protests shall be delivered there within 30 mins of the last boat finishing the last race of the day.

15.2 Details of protest hearings will be posted on the official notice board.

## 16 SCORING

16.1 The low point scoring system of Appendix A will apply, and the number of races to count in a series will be half of those sailed plus one.

16.2 The score for DNC will be the number in the largest start of that series plus one.

16.3 Series races will not be postponed to a later date.

16.4 Race Officers shall count average points, as in RRS Appendix 10(a), for races missed due to **prearranged** duty turns.

## 17 SAFETY REGULATIONS

17.1 Adequate personal buoyancy shall be worn whilst racing. Adequate personal buoyancy shall be worn by youth sailors at all times whilst afloat. Wet or dry suits do not constitute adequate personal buoyancy.

17.2 Boats are advised to carry adequate paddles, anchor, warp, and towline.

17.3 Competitors must obey instructions from the club rescue boats.

17.4 A boat that retires from a race shall notify the race officer as soon as possible.

17.5 The race area is a busy recreational waterway. Competitors are warned that jetbikes, skiboats and groups of learners in sailing boats may not be navigating under full control. Competitors are strongly advised to keep well clear.

## 18-25 NOT USED

## 26 DISCLAIMER OF LIABILITY

Competitors participate in races entirely at their own risk. See rule 4, Decision to Race. The club will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after races.

## 27 INSURANCE

Each participating boat shall be insured with valid third party liability insurance with a minimum cover of £2,000,000.

## PURSUIT RACES

For pursuit races these SIs will replace their equivalents in the main body of the SIs.

### 10 THE START

10.1 Pursuit races will be started as follows:

Start times for each class will be posted on the official noticeboard.

The first class will start as per Rule 26 . Subsequent class starts will be signalled by a sound signal without a visual signal.

### 12 THE FINISH

12.1 Pursuit races will be finished as follows:

The finishing line will be the position of the leading boat at the time limit. The position of all boats will be taken by the RO. If the race finishes out of sight of the RO, competitors are asked to remember their relative positions with respect to other boats, to assist in compiling results.

### 14 TIME LIMIT

14.1 The time limit will be posted on the official noticeboard.

14.2 The time limit will be signalled by a blue flag and one long sound signal.

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